



NYUCancerInstitute

CYTOXAN / METHOTREXATE / 5FU

POST TREATMENT MEDICATION SCHEDULE

<u>DATE</u>	<u>TIME</u>	<u>MEDICATION</u>	<u>INSTRUCTIONS</u>
NIGHT OF CHEMO	9PM	ATIVAN (LORAZEPAM)	PLEASE TAKE ALL PILLS WITH SNACKS. I.E..MILK, CEREAL,CRACKERS
# 1 DAY AFTER CHEMO	8AM	KYTRIL 1 MG PILL	
	8PM	KYTRIL 1 MG PILL (IF NEEDED)	
	9PM	ATIVAN	
#2 DAY AFTER CHEMO AND DAYS THEREAFTER		COMPAZINE (PROCHLORPERAZINE) EVERY 12 HOURS AS NEEDED ONLY FOR NAUSEA (PILL OR SUPPOSITORY).	
		ATIVAN EVERY 8 HOURS AS NEEDED FOR UNRELIEVED NAUSEA, ANXIETY OR FOR SLEEP.	

ANTI-NAUSEA MEDICATIONS

Compazine (Prochlorperazine) 10mg tablets - *every six hours as needed.*

Compazine 15mg spansules - *every 10-12 hours as needed.*

Compazine 25mg suppositories - *every 10-12 hours rectally as needed; keep in refrigerator; very effective for active nausea with vomiting.*

Zofran (Ondansetron) 8mg tablets - *one every 8 hours, with food, for nausea. May cause constipation and headache.*

Kytril (Granisetron) 1mg tablet - *one every 12 hours for nausea, with food. May cause headache and constipation.*

Anzemet (Docusatone) 100mg tablets - *take every 24 hours, with food, for nausea. May cause constipation and headaches.*

Ativan (lorazepam) 1-2 mg tablets - *take before bedtime, or as directed. May be taken every six hours if needed for anxiety. Causes sleepiness.*

Decadron (dexamethasone) 4mg tablets - *take with food as directed. May cause sleeplessness, and increased appetite.*

NON-PRESCRIPTION MEDICATIONS

Pepcid. AC, Tagamet, Zantac, Axid AR - *may take these ant-acids as directed, for heartburn and indigestion.*

Senekot - *for constipation. May take 2 tablets at bedtime, 1 tablet with each anti-nausea drug or pain drug (i.e.: percocet).*

Immodium AD - *for diarrhea. May take as directed on box.*