



Intraoperative Angiogram / Angioplasty / Stent

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DAY OF PROCEDURE

DAY _____ **DATE** _____

THINGS TO EXPECT TODAY

- You will be transferred to a bed on a Surgical floor from the Post-Anesthesia Care Unit (PACU).
- You have various catheters and IV's. You can expect that they will be removed over the next day.
- Your urinary catheter, if present, will come out once it has been determined that you are producing adequate amounts of urine.

THINGS WE WILL HELP YOU DO TODAY:

- Your nurse will ask you to rate your pain using a pain scale from 1 to 10.
- You will be on bed rest after your procedure for the 6 to 8 hours.
- You will not be able to eat in the PACU, but you will receive something to eat later that evening.
- Prepare for discharge tomorrow. Who will accompany you? Name _____
Phone _____ Speak with your nurse or social worker if you have any questions. Discharge is at 10AM.

Have a good night!



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DAY 1 AFTER PROCEDURE – DAY OF DISCHARGE

DAY _____ DATE _____

THINGS TO EXPECT TODAY

- You dressings will be removed.
- You will be helped out of bed and encouraged to walk.
- Your urinary catheter, if present, will be removed today. Your IV's will be removed today.
- You will have morning blood tests done. You may go home after your lab tests are back.
- You will discuss your discharge plan of care with the nurse practitioner. You will have a list of discharge instructions. You will know when your doctor needs to see you again.
- You may meet with the social worker to discuss specific needs for discharge.

You can expect little discomfort after this procedure. You can begin to participate in daily activities.

If you did not bring it with you, ask your family to bring in the Patient Information Packet you received in your doctor's office. Read the information in the Patient Packet on "While in the Hospital." It will explain what to expect.

- Sit out of bed in a chair for breakfast.
- It is important that you walk today. The nursing staff will give you the necessary assistance.
- Your nurse will check to see that you have urinated following the removal of your urinary catheter.



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- Your nurse will ask you to rate your pain on a scale of 0 to 10 and give you pain medication by mouth as needed.

- Ask questions about your medications and discharge plans.
 - Have you received the prescriptions for your medications yet, which were prescribed during this admission?
 - Any last minute questions about how to care for your incision?

Good Bye and Good Luck!

**Best wishes for a speedy recovery,
The Staff at NYU**