



# NYUCancerInstitute

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Discharge Instructions: Post Prostate Radiation Therapy

You have completed your Radiation Therapy of your Prostate.

- Please continue to:
  - follow a low residue diet for the next 2 months.
  - use an unscented, mild soap in the treatment area.
  - **not** apply heating pads, ice packs or expose the treatment area to sunlight for the next 3 months.
- Your fatigue should gradually decrease over the next few weeks.
- If you have increased pain while urinating, fever, or bleeding please **call this office at (212) 731-5003**.
- You will need to schedule appointments with the following doctors:
  - Radiation Oncologist, Dr. Nicholas Sanfilippo at (212) 731 5003:
    - Schedule an appointment for 1 month from today:  
\_\_\_\_\_
    - and then every 6 months for the next 4 years.
  - Urologist, Dr. \_\_\_\_\_ at (212) \_\_\_\_\_:
    - Schedule an appointment for 6 months from today:  
\_\_\_\_\_
    - and then once every year.
- You will need to have your PSA level checked:
  - 3 months from today: \_\_\_\_\_
  - and then every 6 months for the next 4 years.

**I understand these instructions and I have received a copy to take home with me.**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Nurse's Signature: \_\_\_\_\_ RN / NP

Date: \_\_\_\_\_