



## **Carotid Artery Surgery**

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### **DAY OF SURGERY**

DAY \_\_\_\_\_ DATE \_\_\_\_\_

#### **THINGS TO EXPECT TODAY**

- You will be transferred to a monitored setting. Your vital signs (heart rate, blood pressure, and neurological status) will be closely observed.
- You will have an intravenous (IV) for fluids and medications.
- You will be discharged tomorrow by 10 am, unless the surgical team tells you otherwise.

Review your education packet concerning your discharge.

#### **THINGS WE WILL HELP YOU DO TODAY**

##### **After Surgery**

- Your nurse will ask you to rate your pain using a pain scale from 1 to 10.
- You will be on bedrest, but you will be turning every 2 hours while you are awake. Your head will be elevated overnight.
- You may not be able to eat today, but you will receive your nutrition and medications intravenously. If you are allowed to eat, it will be in the evening.

**Have a good night!**



## **Carotid Artery Surgery**

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### **DAY 1 AFTER SURGERY**

DAY \_\_\_\_\_ DATE \_\_\_\_\_

#### **THINGS TO EXPECT TODAY**

- You will be discharge today by 10 AM.
- Your IV will be removed unless you are receiving a medication that is helping to maintain your blood pressure to a normal level.
- Your surgical dressing will be removed before going home.
- You will be helped out of bed.
- You will receive your usual diet for breakfast.
- You will receive a list of discharge instructions.
- You will know when your doctor needs to see you again.

Review your packet concerning your discharge. Write down any questions you may have.

#### **THINGS WE WILL HELP YOU DO TODAY**

##### **MORNING**

- Enjoy your breakfast.
- Wash and get dressed.
- Review and sign your discharge instructions.
- Obtain prescriptions for any new medications started this admission.

**Good Bye and Good Luck!**