



# NYUCancerInstitute

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PATIENT \_\_\_\_\_

You have been scheduled for the treatment planning stage (CT Scan) of your radiation therapy for your prostate cancer:

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The preparation for the CT SCAN is:

- The **day before** the test:
  1. At **6p.m.** drink a bottle of **Magnesium Citrate** (available without a prescription at many drugstores and supermarkets.) This will begin to clean your bowels by causing frequent bowel movements.
  2. Then eat a light dinner (bowl of soup, half a sandwich).
- The **day of** the test:
  - Drink only clear liquids for breakfast (tea, water, clear broth).
  - **One hour** before your appointment:
    1. Empty your bladder.
    2. Then drink **two (2)** 8 ounce glasses of water.

If you have any questions regarding these instructions please call:

**212-731-5003.**