



### Warfarin (Coumadin®) Quiz

Name: \_\_\_\_\_

Date: \_\_\_\_\_

I am taking Warfarin (Coumadin®) because I have:

- A. Blood clot (DVT or PE)
- B. Irregular heart beat
- C. Mechanical heart valve
- D. Other \_\_\_\_\_

Directions: Circle the correct answer for each question.

1. Warfarin (Coumadin®) is a medicine that:

- A. controls heart rate
- B. thins the blood
- C. helps blood pressure

2. I should call my doctor if:

- A. I fall and hit my head
- B. I notice any signs of bleeding (blood in my stool or black tarry stool)
- C. any doctor gives me a new medicine or changes the amount of a medicine that I already take
- D. all of the above

3. Vitamin K can interfere with warfarin (Coumadin®). Which group of foods has high amounts of vitamin K?

- A. carrots, corn, potatoes
- B. spinach, broccoli, brussel sprouts
- C. tomatoes, bananas, pears
- D. peaches, mangos, strawberries

4. You are told that your INR is 'high'. This means:

- A. My blood is too thin so I am at risk for bleeding
- B. My blood is too thick so I am at risk for clots

5. You are told that your INR is 'low'. This means:

- A. My blood is too thin so I am at risk for bleeding
- B. My blood is too thick so I am at risk for clots