



**PREADMISSION TESTING DAY**

**Day:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**THINGS TO EXPECT TO DAY**

- You will meet with a nurse from PreAdmission Testing for a medical history and physical assessment. This may include blood tests, an EKG and a urine test.
- You will receive an education packet which will be reviewed with you by the nurse.
- You may be examined by a resident or a nurse practitioner/associate from your surgeon's service. He/she will explain the surgery to you. You will then be asked to sign a consent form giving your permission for the surgery.
- You will have an interview with a anesthesiologist. He/she will:
  - discuss the type of anesthesia you will have
  - discuss your pain relief options for after surgery
  - review instructions about eating and taking medications the morning of surgery
- You may have a chest x-ray if your doctor orders one. Chest x-rays are done in the Radiology Department, Tisch Hospital, 2<sup>nd</sup> floor.
- You may meet with a social worker to discuss questions or concerns about your stay in the hospital or discharge.
- You may meet with a physical therapist if you are having a joint replacement.

## Things To Do Today

- If you do not get one at the doctor's office, ask the nurse if a Patient Education Packet is available for your specific surgery.
- Make sure you speak with a social worker if you have questions about
  - Getting to or from the hospital
  - Help at home after discharge
  - Any special equipment you need at home
  - Any other family concerns
- Make sure you find out from the anesthesiologist
  - What medications you should take the morning of surgery

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- What medications you should **not** take the morning of surgery

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- If you can eat or drink anything the morning of surgery

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