



## **TRANSURETHRAL RESECTION OF BLADDER TUMOR (TURBT)**

### **DAY OF SURGERY**

**DAY:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

### **THINGS TO EXPECT TODAY**

- You will be transferred from the Recovery Room to a room on one of the surgical units.
- The nurse will check your vital signs (blood pressure, pulse, respirations, temperature).
- You will have a catheter draining urine from your bladder (Foley catheter). The nurse will check the urine output, urine color, and measure the amount of urine.
- Depending on the type of anesthesia you received, you may be given liquids or resume your usual diet.
- You will receive pain medication, IV fluids, and IV antibiotics.
- You may be discharged this evening. If you are, you will be provided with any discharge information you need.

Review the “Going Home” section in your information packet. Make sure you read the section on “When to Call the Doctor. Write down any questions so you can remember to ask them.

### **THINGS TO DO TODAY**

- Ask your nurse about your pain management program. You will be asked to rate your pain before and after taking pain medication to make sure you are comfortable.
- Use the incentive spirometer 10 times every hour while awake.
- If you do not go home tonight, confirm transportation home for tomorrow.



## **DAY 1 AFTER SURGERY - DAY OF DISCHARGE**

**DAY:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

### **THINGS TO EXPECT**

- You may have morning blood tests.
- The IV antibiotics and IV will be discontinued. You will begin to take antibiotics by mouth.
- The Foley catheter may be discontinued. If you cannot urinate after the catheter is removed, the catheter will be reinserted and you will be discharged home with a "leg bag." Your nurse will instruct you on how to care for yourself at home with the leg bag.
- You will resume your usual diet.
- The doctor and nurse will discuss the discharge plan with you. A social worker is available if needed.
- Review and sign your discharge plan.
- You will be given any needed prescriptions.

### **THINGS TO DO TODAY**

- Sit in the chair and have breakfast.
- Walk in the hallway. Try to increase the distance you walk.
- Your Foley catheter may be removed. You will be asked to tell the nurse when you have urinated after the catheter is removed. Save your urine after the catheter is removed so that the nurse can measure it.
- Shower or wash up. You can shower with the Foley catheter. Make sure you empty the leg bag before you take a shower.
- Make sure you have any needed prescriptions.
- Do you have any questions about resuming activities? When you need to return to the doctor? If so, write them down.
- Find out when you need to return for a follow-up visit.
- Review the discharge plan with your nurse and sign it. Ask any final questions.