



WHAT TO DO IF YOU HAVE CHEST PAIN

- Stop activity and take nitroglycerin as recommended
- If rest and nitroglycerin do not relieve your pain or discomfort, go to the Emergency Room immediately -- **DO NOT DRIVE YOURSELF**
- Know where your nearest hospital Emergency Room is located and how to get there quickly.

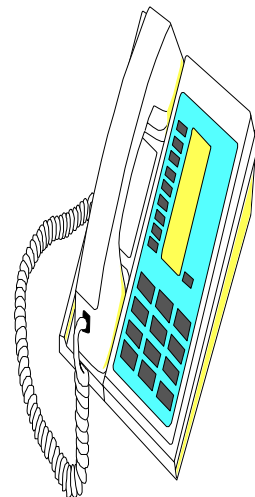
WHEN TO CONTACT YOUR HEALTH CARE PROVIDER

Call your physician if:

- you have a change in the pattern of your anginal pain (i.e. it occurs more often or with less activity).
- you have side effects from medications.
- before you start an exercise program.
- you have shortness of breath, increased fatigue or swelling of feet or legs.
- you have rapid heartbeat or palpitations.
- you experience dizziness or you faint.

Call your local Emergency number or go to the nearest Emergency Room if chest pain is:

- more severe than usual
- not relieved by prescribed number of Nitroglycerin tablets
associated with excessive sweating, nausea or vomiting or shortness of breath.





PATIENT & FAMILY EDUCATION / NYU Medical Center

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